

Foxyards Academy

Physical Education



Our Vision

PE at Foxyards aims for its pupils to become healthy and physically educated in a way that supports their wellbeing. In addition to this we aim to develop the whole child embedding core school values. Our values are Caring, Respectful, Resilient, Creative and Excellence. Using these values as key characteristics when representing the school and beyond therefore building the person before the athlete. This will be achieved by teaching high quality education through the physical, whilst keeping the child at the heart of the learning. Foxyards aims to provide children with the opportunities to thrive in the sporting community and pathways to pursue their sporting ambitions.

Competitions and festivals

On top of our curriculum taught in school we as a school provide the children with a chance to compete against others through the school games mark. We are currently ranked a gold school. During 2020-2021, 2021-2022 and 2022-2023, many of our pupils have had the opportunity to take part in inter school competitions which were a great success. The children competed in of different sports against lots of different schools. We also run an annual sports day for every child in the school to compete in athletic style races against their friends. We like to offer our children these opportunities as we feel it enhances their childhood and their education. The competitions are either Intra competition where children will compete either against themselves or others in school. Or Inter competitions where children will compete against other schools. Some competitions we have entered are:

- Sports hall Athletics
- Years 3&4 Tennis
- Girls football tournaments
- Boys football tournaments
- Tag Rugby
- Get active festivals.
- Virtual Multisport skills circuits years 1&2
- Boccia
- Gymnastics
- Pentathlon

All about PE

Physical Education (PE) develops children's' competence and confidence to take part in a range of physical activities that become a central part of their lives, both in and out of school.

A high-quality PE curriculum enables all students to enjoy and succeed in many kinds of physical activity. They develop a wide range of skills and the ability to use tactics, strategies and compositional ideas to perform successfully. When they are performing, they think about what they are doing, they analyse the situation and make decisions. They also reflect on their own and others' performances and find ways to improve upon them. As a result, they develop the confidence to take part in different physical activities and learn about the value of healthy, active lifestyles.

PE helps students develop personally and socially. They work as individuals, in groups and in teams, developing concepts of fairness and of personal and social responsibility. Through the range of experiences that PE offers, they learn how to be effective in competitive, creative and challenging situations.

Our aims are to:

- Encourage a healthy and active lifestyle throughout the school body.
- Nurture sportsmanship in all aspects of competition
- Widen each student's sporting experience and enjoyment.
- Create a passion for active recreation and sport.
- Assist students in reaching their physical potential in a variety of sporting environments.

Extracurricular Opportunities

At Foxyards we pride ourselves in having the resources to provide numerous sports afterschool clubs that provide opportunities for KS1 and KS2 pupils. We regularly link our afterschool club provision to upcoming festivals and competitions to prepare our children in advance. We have many afterschool sports clubs running per week so we can cater for as many pupils as we can.

OPAL Playtimes

At Foxyards, we are currently on an OPAL play journey. We began this last year (2022-23). This project allows all our children to be able to participate in active playtimes and lunchtimes. Using the field, playgrounds and our new Forest School, we at Foxyards believe all children should have the offer to a range of activities and opportunities through play to keep active. We mix years 1,2,3,4,5 & 6 at lunchtimes. This is working very well! These activities include:

- Football
- Climbing trees
- Den Building
- Muddy kitchens
- Digging with spades
- Slack Line challenges
- Small world toys
- Pallet play
- Rope swings and hammock play

Play Leaders

This year we have also started to introduce Play Leaders. We have started to train several of our children into play leaders. They will oversee making sure the activities that are out during playtimes and lunchtimes run smoothly and safely using risk benefit analysis. We meet once a half term to discuss what activities they would like to add to their playtimes and positive and negatives around what's already on offer. The children have responded positively. This is also helping to develop fantastic relationships with the younger children, and they are becoming excellent role models in school.